



OVERVIEW

The Steadi-Two is an assistive device designed to reduce hand tremors for people with Parkinson's Disease and Essential Tremor.

The Steadi-Two is a TGA registered, Class I medical device.

1 DISCLAIMER 1

Please beware of magnet interference.

The Steadi-Two works to stabilise your tremor by using magnetic stabilizers.

As such, it is important to consult your healthcare provider if you are undergoing MRI, have a cardiac pacemaker, or any other implantable medical electronic device.

INSTRUCTIONS FOR USE



Step 1:
Pull the closure knob
upwards until you hear
a "click." This will
loosen the glove.



Step 2: Slide your hand into the glove.



Step 3:
Push the closure knob
downward until you
hear a "click."



Step 4:
Turn the closure knob
in a clockwise
direction to tighten
the glove to your
amount of comfort.

*Note: When detached from the stabiliser, the glove can be washed in the washing machine. It's recommended to wash the glove with cold water and hang it to dry. The stabiliser component cannot be placed in the washing machine.







Step 5: Align the bottom center of the Stabiliser unit with the small round circle at the top of the glove. Bring the Stabiliser closer, and it will magnetically attach itself to the glove.

*Note: When you first receive the glove, the stabiliser will be attached to the glove. Step 5 is only necessary if you have detached the stabiliser from the glove.

FREQUENCY

The Steadi-Two is capable of targeting various tremor frequencies and severities. Low frequency mode (indicated by two white lines on the stabiliser) and high frequency mode (indicated by one white line on the stabiliser)

Low Frequency Mode

On top of the device, there is an indicator that should be pointing at two white dashes. This is an operating mode designed to target lower

frequency tremors ranging from 5.5 - 7 Hz.



High Frequency Mode

This is an operating mode designed to target tremor frequencies higher than 7 Hz.

If the Low Frequency Mode seems ineffective, it is recommended to turn the knob clockwise until the indicator reaches the mode with one white dash, and try the activity sequence again.



*Note: The Steadi-Two will not operate properly if the indicator is placed in between the white lines. In order to be effective, the indicator must be pointing directly at the double white line (low frequency), or directly at the single white line (high frequency).

TO REMOVE THE GLOVE

Step 1: Unlock the closure knob by pulling it up until you hear a "click."

Step 2: Slide your hand out of the glove.