

Cochin Hand Functional Scale (Rannou et al 2007*)

Questionnaire to be filled out by user

Date _____

Name _____

(circle one) WITH or WITHOUT the Steadi-Two hand stabiliser

In the last two weeks have you been able to	Yes without difficulty	Possible with very little difficulty	Possible with some difficulty	Possible with great difficulty	Nearly impossible	Impossible
In the kitchen						
Hold a bowl	0	1	2	3	4	5
Grab a full bottle and lift it up	0	1	2	3	4	5
Hold a full plate of food	0	1	2	3	4	5
Pour the liquid from a bottle into a glass	0	1	2	3	4	5
Unscrew the lid of a jar that had already been open once	0	1	2	3	4	5
Cut meat with a knife	0	1	2	3	4	5
Prick effectively with a fork	0	1	2	3	4	5
Peel fruit	0	1	2	3	4	5
Getting dressed						
Button up your shirt	0	1	2	3	4	5
Open and close zippers	0	1	2	3	4	5
Bathroom						
Squeeze a full tube of toothpaste	0	1	2	3	4	5
Hold your toothbrush effectively	0	1	2	3	4	5
Office						
Write a short sentence with an ordinary pencil	0	1	2	3	4	5
Write a letter with an ordinary pencil or pen	0	1	2	3	4	5
Miscellaneous						
Turn a round door handle	0	1	2	3	4	5
Use Scissors to cut a piece of paper	0	1	2	3	4	5
Grab coins from a table	0	1	2	3	4	5
Turn a key in a lock	0	1	2	3	4	5

Total Score _____/90 _____

*Rannou F, Poiraudeau S, Berezne A, Baubet T, Le-Guern V, Cabane J, et al. Assessing disability and quality of life in systemic sclerosis: construct validities of the Cochin Hand Function Scale, Health Assessment Questionnaire (HAQ), Systemic Sclerosis HAQ, and Medical Outcomes Study 36-Item Short Form Health Survey. Arthritis Rheum. 2007;57(1):94-102.